Step 4: Determine Q as a function of requirements and material properties – strength basis

Try using strength as the basis for material selection and then check deflection

$$m = \rho bhL = \rho bL \left[\frac{3PLX}{2bS} \right]^{\frac{1}{2}} = \left[\frac{3}{2} PL^3 Xb \right]^{\frac{1}{2}} \left[\frac{\rho}{S^{\frac{1}{2}}} \right]$$

$$C = C_m m = \left[\frac{3}{2} PL^3 Xb \right]^{\frac{1}{2}} \left[\frac{\rho C_m}{S^{\frac{1}{2}}} \right]$$